

Laser Hair Reduction

- **How does the treatment work?**

The laser targets both the melanin pigment in the hair and the blood supply to the hair follicle, whilst leaving the surrounding skin unaffected. The more pigment the hair has, i.e. the darker the colour, the more effective the treatment is. Because we use a scanner, the correct amount of laser energy is applied to each area quickly and efficiently. Hair follicles that are in the active growing phase will be permanently disabled. Hairs that are in a dormant phase will not be affected, but they will become active after a few weeks and then the treatment can be re-applied to remove them. The majority of the hair follicles in the area will have been removed after four to six treatments. Using this cutting-edge technology, the laser is able to safely, effectively and permanently reduce hair growth.

- **Is it painful?**

Comfort levels vary between individuals but overall it causes only minimal discomfort.

The sensation caused by the laser is similar to being flicked by a rubber band, and the skin can feel hot. To reduce discomfort, a stream of cold air is blown onto the area being treated to cool the skin and this eases any pain almost completely. If any further discomfort is experienced during treatment a topical anaesthetic can be applied to help alleviate this. If a patient finds the treatment very uncomfortable, we can alter the laser settings so that it is less powerful (and therefore less painful), but this may result in repeat treatments being necessary in order to get the desired result, and it may cost more.

- **Is it permanent?**

A Laser hair reduction is a permanent reduction in the re-growth of hair to the treated area.

- **Can I still have the treatment if I have sensitive skin?**

Yes. The levels of laser energy are calculated according to each individual's skin type and monitored closely during treatment. All laser personnel are trained nursing or medical staff with additional training in laser treatment.

- **How long does the treatment take?**

The length of time per treatment depends on the size of the area treated. It can take as little as five minutes for a small area.

- **When will I notice results?**

For any hair reduction we recommend a course of four to six treatments at four weekly intervals. Results are achieved at varying rates between individuals. A visible reduction in re-growth has been reported after as few as two treatments in some individuals, whilst others can take longer.